

ABOUT THE BRIDGE

We are a not-for-profit charity that has provided expansive family/youth programming in the Central Okanagan since 1969. We recognized a need for recovery and addictions services in 2013, and quickly became the Interior Health Authority's largest provider of substance use supports.

A NOTE FROM OUR EXECUTIVE DIRECTOR, JOHN YARSCHENKO



"Welcome to The Bridge's Annual Impact Report! Our innovative programs have transformed lives, and our commitment remains stronger than ever.

We've expanded our reach, providing more Recovery & Addiction Services for adults. This means more resources for the Interior Health Region and a brighter future for all.

Our dedicated team, along with our partners, donors, and volunteers, has made this journey possible.

Together, we're writing a success story that continues to unfold. As we celebrate the past year, we're energized for the future. With your ongoing support,

The Bridge will keep building resilient communities where everyone thrives."

MEET OUR BOARD OF DIRECTORS

- Catherine Corrigan, Vice President
- Jemison Jackson, Secretary
- Mike Wright, Treasurer
- Corinne Johnson, Director
- Tish Lakes, Director
- Sarah Bauer, Director
- Joyce Galuska, Director
- James Geen, Director
- Kimberly Pflieger, Director
- Jessica Lougheed, Director



"I want to extend my heartfelt gratitude and respect for our staff and management's unparalleled expertise and passion in delivering services to the most vulnerable in our community. As a volunteer, I am truly proud to say I am part of this organization because what we do matters, each and every day."

- Patrick Spinks, Board President

CELEBRATING OUR DEDICATED VOLUNTEERS:

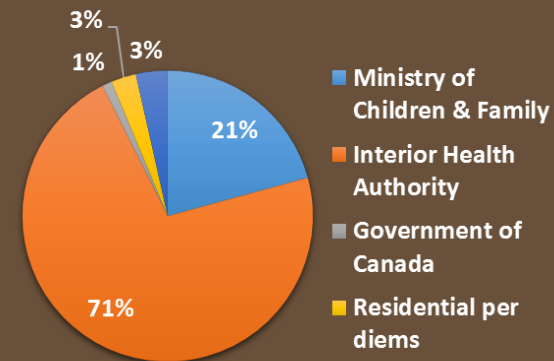
56 individuals



1,188 hours



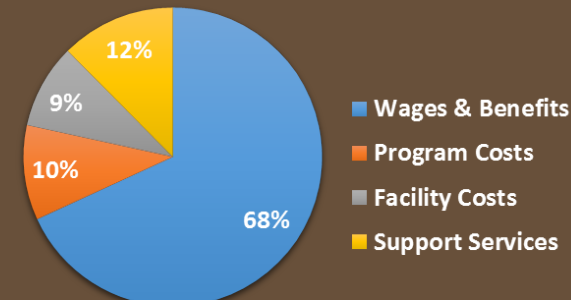
BUDGET (REVENUE)



\$12,636,272 TOTAL

Given considerable growth to our programming this year, there was an operating surplus of \$2,290,711 available to fund an increase to the internally-restricted contingency reserve.

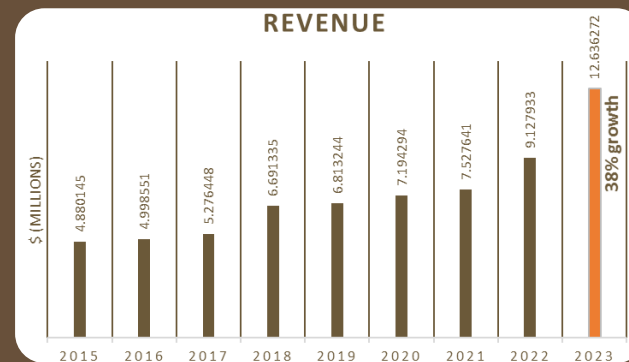
BUDGET (EXPENSES)



\$10,345,561 TOTAL

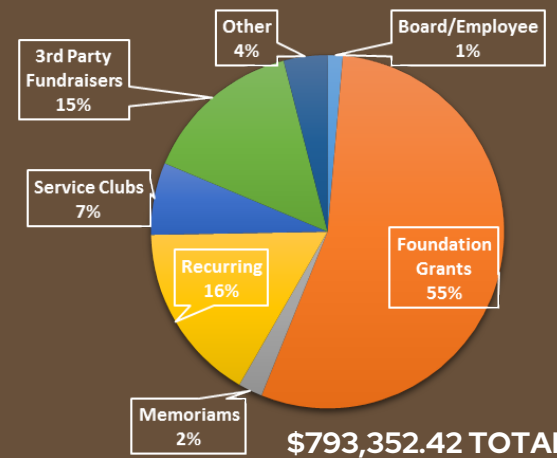
The Bridge saw a 27% increase to wage/benefit expenses due to the addition of new programs, funded wage increases, and benefit cost increases.

ANNUAL GROWTH



With the expansion of many of our services, The Bridge experienced a significant climb (38%) in revenue this year.

THANK YOU TO ALL OF OUR GENEROUS DONORS!



SUPPORT OUR VISION

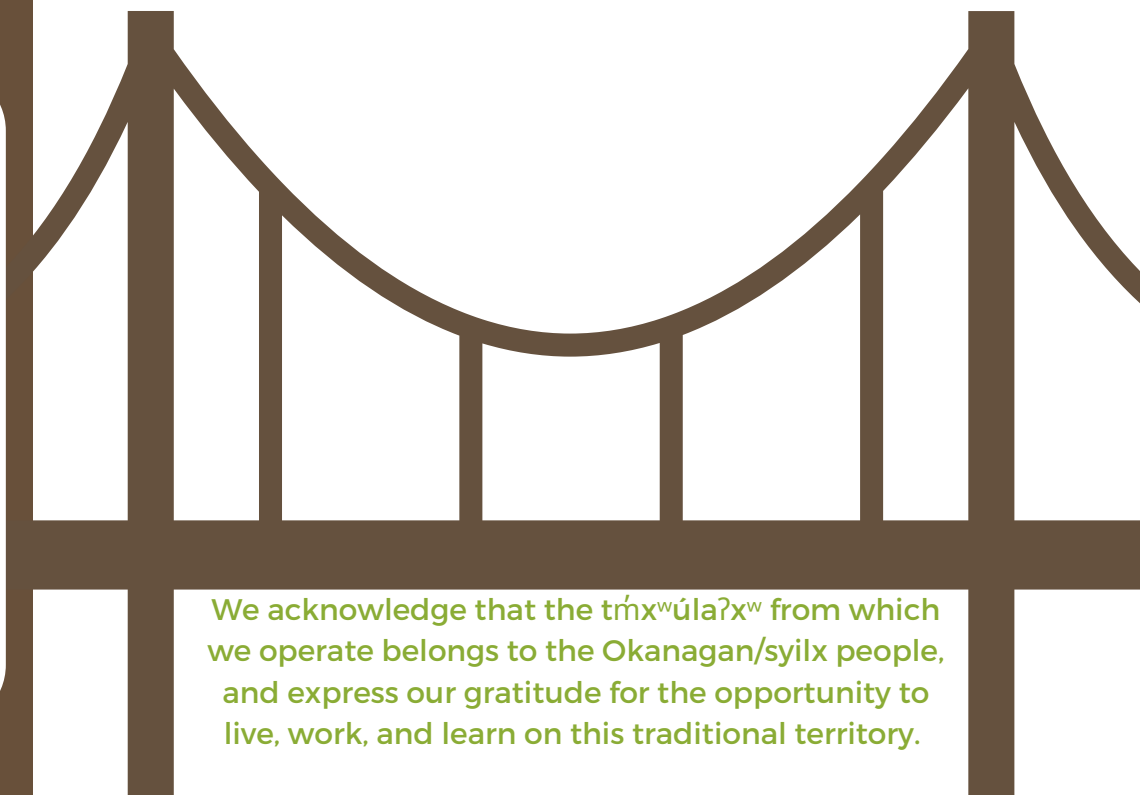


RESILIENT COMMUNITIES WHERE EVERYONE THRIVES



We transform lives and build community

2022/23 ANNUAL IMPACT REPORT



We acknowledge that the tṛ́nxʷúla?xʷ from which we operate belongs to the Okanagan/syilx people, and express our gratitude for the opportunity to live, work, and learn on this traditional territory.

EARLY YEARS SERVICES

- ▶ providing low-barrier access to programs that support the diverse needs of families with children ages 0-6
- ▶ prenatal health, postpartum support, infant/child development, food security, parenting strategies and other resources available

Community Action Programming for Children (CAPC)

- ▶ Creative Playtime groups (Kelowna & Peachland), Food Security Support, Parent Talk, and Special Deliveries programming

▶ **2426** parents supported

▶ **4563** children supported

Beyond the Blues (Postpartum Depression/Anxiety Support)

- ▶ **42** sessions held
- ▶ **39** individuals supported
- ▶ **110** referrals received

Prenatal Wellness

- ▶ drop-in program for pregnant people and their partners; offered in partnership with Kelowna Family Y

- ▶ **49** sessions held
- ▶ **108** individuals supported



OPENING OUR SECOND BRIDGEWAY TREATMENT CENTRE

With the support of Interior Health, we were able to open an additional Bridgeway location on Ethel Street in October 2022. This facility has 9 participant beds, and serves female-identifying participants. "Ethel House" functions on a continuous intake model, meaning participants can enter as soon as beds become available. The staff at this site served 31 individuals this year. Of those who entered, nearly 60% completed the program. From there, just over 38% moved on to our Supported Recovery program.

RECOVERY & ADDICTIONS SERVICES

Bridgeway (Intensive Live-In Treatment)

- ▶ generous grant through Horsemanship for Life provided participant access to Horseworks, an Equine Assisted Learning program; encourages personal and professional skill development
- ▶ invested in participant/staff comfort through renovations to common areas and improvements to our HVAC systems
- ▶ **171** individuals supported



Youth Recovery House

- ▶ enhanced recreation programming including a partnership with the Kelowna Badminton Club for youth to participate in healthy physical activity
- ▶ added self-serve area in the dining room for youth to prepare their own breakfast and snacks to foster independence and healthy decision-making
- ▶ **62** individuals supported

Withdrawal Management Services (WMS)

Royal & Hwy 33

- ▶ 8 new WMS beds and 4 transition beds added in January 2023 with opening of new facility on Royal Avenue
- ▶ renovations to space and improvements to our HVAC systems to improve comfort and wellbeing of participants/staff
- ▶ **595** individuals supported



Supported Recovery (Kelowna/Penticton)

- ▶ launched additional transition program (4 beds) located at Royal Ave; focusing on personal independence/family reunification
- ▶ strengthened external partnerships to support positive community reintegration (i.e. WorkBC for vocational support)
- ▶ **53** individuals supported

Outreach/Overdose Prevention Services

- ▶ improvements made to function and accessibility of our Harm Reduction Vending Machine in Rutland
- ▶ initiated Harm Reduction Home Delivery serving Westbank to Oyama
- ▶ staff vehicle purchased; made possible by support from the Central Okanagan Community Action Team and a generous donor
- ▶ **6354** client contacts



The Bridge would like to acknowledge the following donors for their generous support in purchasing an eight-passenger vehicle, which has significantly enhanced our R&A operations by broadening opportunities for participant outings and allowing for seamless interfacility transportation:



YOUTH & FAMILY SERVICES

Etcetera (2SLGBTQIA+ Youth Group)

- ▶ supported the Adolescent Psychiatric Unit at KGH in providing youth with gender-affirming items
- ▶ received over \$10,000 in donations from Pride Month campaigns run by local businesses/organizations
- ▶ hosted Pride Prom with over 80 youth attendees
- ▶ **45** sessions held



Child, Youth & Family Support

- ▶ connected at-risk youth to supports that helped them remain in school and maintain stable housing; part of the Upstream project in partnership with BGC Okanagan
- ▶ provided supportive, educational and goal-oriented counselling to families identified by the MCFD
- ▶ facilitated three public Parenting Your Anxious Youth support groups (five sessions each) for caregivers
- ▶ **170** individuals supported

The Path

- ▶ care/respite for young people with complex needs in MCFD approved foster homes
- ▶ provided caregivers and youth access to expert care to promote stability and success in all facets of life
- ▶ **20** individuals supported

Foster Home Support

- ▶ assisted caregivers in developing a deeper understanding of the children they care for, including crisis intervention and debriefing
- ▶ **10** youth in **9** homes supported

STAY CONNECTED TO THE BRIDGE

@thebridgeserv

@bridge.outreach

@etcetera_youth

@thebridgeserv

The Bridge Youth & Family Services

Etcetera Youth Kelowna

The Bridge Youth & Family Services Canada



"You helped me with things I didn't know even existed. Everything was excellent. Everything worked."
- former Bridgeway participant

"Beyond the Blues helps get me through my week. It is comforting knowing that I am not alone. Even just that helps."
- Beyond the Blues participant

"The student who received a chest binder and help navigating their identity has seemed like a weight has been lifted from them. I believe it is because they have been supported by Etcetera."
- SD23 teacher